

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>1</p> <p>Daily Sparkle</p> <p>Sing-a-Long </p>	<p>2</p> <p>Gentle Exercises</p> <p>Cooking </p>	<p>3</p> <p>Nail Pampering & Hand Massage </p> <p>Words within Words</p>	<p>4</p> <p>Heart to Heart with Amy </p> <p>Balloon Tennis</p>	<p>5</p> <p>Art and Craft </p> <p>Guy Fawkes Night</p>	<p>6</p> <p>Colouring with Carers</p> <p>Interactive Table with Carers</p>	<p>7</p> <p>Restful Sunday</p> <p>Listening to Music </p>
<p>8</p> <p>Daily Sparkle</p> <p>Quiz </p>	<p>9</p> <p>Musical Bingo (Mountbatten)</p> <p>Alpacas </p>	<p>10</p> <p>Target Games</p> <p>Art and Craft </p>	<p>11</p> <p>Activity Forum</p> <p>Knit and Natter </p>	<p>12</p> <p>Gentle Exercises</p> <p>Church Service (Remembrance Day) </p>	<p>13</p> <p>World Kindness Day </p> <p>Writing Christmas Cards with Carers</p>	<p>14</p> <p>Restful Sunday</p> <p>Film Afternoon </p>
<p>15</p> <p>Daily Sparkle</p> <p>Zoolab </p>	<p>16</p> <p>Gentle Exercises</p> <p>Cooking </p>	<p>17</p> <p>Sing-a-Long</p> <p>Residents' Meeting </p>	<p>18</p> <p>Heart to Heart with Amy </p> <p>Genlemens' Club</p>	<p>19</p> <p>Fruity Friday</p> <p>Sewing </p>	<p>20</p> <p>Listening to Music</p> <p>Ball Games with Carers </p>	<p>21</p> <p>Restful Sunday</p> <p>Jigsaws with Carers </p>
<p>22</p> <p>Daily Sparkle</p> <p>Interactive Table (Reminiscence)</p>	<p>23</p> <p>Quoits</p> <p>Scrabbleman </p>	<p>24</p> <p>Sensory – Tasting (Chocolate) </p> <p>Holy Communion</p>	<p>25</p> <p>Art and Craft</p> <p>Flower Arranging </p>	<p>26</p> <p>Heart to Heart with Amy</p> <p>Love Life Café </p>	<p>27</p> <p>Nail Pampering with Carers</p> <p>Film Afternoon </p>	<p>28</p> <p>Restful Sunday</p> <p>Writing Christmas Cards with Carers</p>
<p>29</p> <p>Daily Sparkle</p> <p>Music </p>	<p>30</p> <p>Skittles</p> <p>Cooking </p>	<p>Activities are subject to change</p>				